UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 or 15(d) OF THE SECURTIES AND EXCHANGE ACT OF 1934

Date of Report (date of earliest event reported March 31, 2004

Maryland 0-19861 33-0675505 (State or other jurisdiction of (Commission File Number) (I.R.S. Employer

incorporation or organization) Identification No.)

1401 Dove Street Newport Beach, CA 92660 (Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code: (949) 475-3600

Item 9. Regulation FD

Impac Mortgage Holdings, Inc. ("IMH"), a real estate investment trust ("REIT"), is announcing the posting of its unaudited Monthly Fact Sheet, which will be available on the Company's web site at www.impaccompanies.com.

The REIT (in millions)	For the Month Ended				For the	
		9/04		L/31/04		ar Ended /31/2003
Total Assets	\$ 12,017.0		\$ 11,412.0		\$ 10,674.7	
Long Term Investment Operations						
(in millions, except Average Size of Loan)						
Collateralized Mortgage Obligations ("CMO") Collateral (a)	\$ 10.3	309.1	\$	9,498.9	\$	8,735.4
Finance Receivables (b)		407.1	\$	452.0	\$	630.0
Mortgage Loans Held For Sale ("LHFS")(c)		737.2	\$	889.1	\$	395.1
Mortgage Loans Held For Investment ("LHFI") (d)	\$ 1	L98.5	\$	329.3	\$	652.8
Investment Securities Available for Sale (e)	\$	12.7	\$	12.9	\$	13.4
Total Mortgage Assets (a+b+c+d+e)	\$ 11,6			11,182.2	\$	10,426.7
Long Term Investment Portfolio: (a+d)						
Percentage of Fixed		10%		12%		139
Percentage of Adjustable		90%		88%		879
Weighted Average Coupon		5.53%		5.56%		5.589
Weighted Average Margin		3.19%		3.16%		3.15
Weighted Average Loan to Value		78%		78%		789
Average Size of Loan (in thousands)		242.7	\$	240.7	\$	239.3
Credit Grade: "A, A-"		99%		99%		999
Credit Grade: "B" and Below		1%		1%		19
Total Loans (90 days+ delinquent, and other real estate owned)	\$ 1	146.1	\$	158.4	\$	140.4
Loan Delinquency Rate (60 days +)		1.82%		1.93%		1.909
CMO Prepayment Amount (reporting period delay-30 days)	\$	195.9	\$	244.6	\$	2,319.1
		2.26%		2.44%		2.87

Average Outstanding Finance Receivables with Non Affiliated Customers	\$ 415.7	\$ 537.0	\$ 604.1
Total Outstanding Warehouse Lines Approved to Non Affiliated Customers	\$ 934.0	\$ 954.0	\$ 1,005.0
Mortgage Operations (in millions, except Master Servicing Portfolio)	 	 	
Total Loan Acquisitions and Originations	1,035.2	\$ 1,331.1	\$ 9,525.1
Percentage of Fixed	22%	 19%	 42%
Percentage of Adjustable	78%	 81%	 58%
Master Servicing Portfolio (in billions)	\$ 15.6	\$ 15.0	\$ 13.9
Weighted Average Coupon	6.05%	 6.09%	 6.13%
Loan Delinquency Rate (60+ days)	2.57%		
Impac Direct Access System for Lending			
IDASLg2 Utilization(in millions)			
IDASLg2 Volume Submitted	\$ 2,030.6	\$ 1,924.1	\$
Approval Rate	 74%	 74%	 71%

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this Report to be signed on its behalf by the undersigned, hereunto duly authorized.

IMPAC MORTGAGE HOLDINGS, INC.

Date: March 31, 2004

By: /s/ Richard J. Johnson

Name: Richard J. Johnson
Title: Executive Vice President
and Chief Financial Officer